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NEW YORK TIMES BESTSELLING AUTHOR AMY EWING SWEEPS READERS AWAY IN A DEEPLY ROMANTIC NEW NOVEL ABOUT TRUST, ESCAPE, AND THE LOVE THAT FINDS YOU WHEN YOU LEAST EXPECT IT



Amy Ewing is beloved by readers for her ability to subtly and naturally capture the full spectrum of human feeling. Her debut YA novel, *The Jewel*, launched the celebrated Lone City trilogy and became a *New York Times* and international bestseller, winning readers across genres and generations with her unique gift for building emotional and physical worlds that readers will never want to leave. Now, with **THE PLUS-ONE LIST** (Alcove Press; October 20, 2026), Ewing brings her storyteller’s gift to a sun-drenched, colorful, and deftly plotted and paced contemporary romance that will delight fans of Emily Henry, Christina Lauren, Abby Jimenez, Linda Holmes, and Rebecca Serle.

Amy Ewing reveals that her new novel “felt very healing to me—a chance to combine that deep sense of peace and trust that is created when you truly love someone, along with the excitement that comes with discovering a new place and culture.” She continues, “The story has been stitched together from so many different fabrics of my life.

Like Eloise, I am a New Yorker who struggles with anxiety and am passionate about adopting senior dogs. And I, too, fell in love with a Mexican immigrant, a man who worked so hard to move to this country and achieve his dreams—a man I am lucky enough to be marrying this year. **THE PLUS-ONE LIST** itself is based on a real list, though my fiancé and I found each other the “old fashioned” way, at least in these modern times (aka a dating app).”

In **THE PLUS-ONE LIST** we meet Eloise, a young woman with generalized anxiety disorder who has developed a system – a network of coping mechanisms, really... She rescues the senior dogs no one else wants, bakes homemade treats for them in her New York apartment kitchen, and keeps her world small, quiet, and manageable. Anxiety has a way of making the familiar feel like the only option. But when her best friend announces a destination wedding in Mexico City—with the proviso that every guest must arrive with a date—Eloise has signed on for something she never expected: being a stranger’s plus-one.

Using an exclusive plus-one list circulated among friends and family of the groom, Eloise gets matched with Agustín – a journalist and recent immigrant to New York with his own motives for attending the wedding. He is on the verge of a career-defining article—a *New Yorker* piece about his grandfather’s

secret double life. Agustín hopes to unravel the story at the wedding of the century, set in his hometown of Mexico City. Being a plus-one offers an irresistible and efficient way in. But what begins as a transaction—Eloise needs a date; Agustín needs an invitation—unfolds into something neither of them planned for.

Agustín's Mexico City is a city alive with color, flavor, and family. He leads Eloise through markets bursting with colorful marigolds, smoky mezcalerías, and the sensory delights of street food. Together, they fall into the embrace of Agustín's warm, boisterous family. With every shared meal, winding cobblestone street, and moment of unexpected laughter, Eloise begins to emerge—cautiously, then joyfully—from the carefully constructed shell she's inhabited for years.

But Agustín hasn't told Eloise the real reason for wanting to be her plus one. And as the trust between them deepens into something neither can name and then can no longer deny, the truth of why he's really there threatens to unravel everything. If he wants to hold onto what they've built, he'll have to choose between the story he came for, or the love he didn't.

Told from alternating points of view that has readers falling for both protagonists completely and separately before watching them fall for each other, **THE PLUS-ONE LIST** is a slow burn of the most satisfying and rewarding kind. Amy Ewing never rushes the feeling as the novel weaves together a vibrant cast of characters who live in Eloise's apartment building, the found family that quietly assembles around people who least expect it, and the particular tenderness of a man who meets a woman's anxieties not with impatience, but with genuine care.

And then there is Mexico City itself—rendered here not as backdrop but as character, layered and luminous, ancient and electric. Ewing's descriptions of the food alone will send readers straight to their nearest travel site.

Ultimately, **THE PLUS-ONE LIST** is a novel about what happens when we allow ourselves to be seen—fully, vulnerably, honestly—by someone worthy and appreciative of the view. It is escapist reading in the very best sense: a book that transports and warms readers, and lingers in their imagination. Readers who loved it will press it into the hands of everyone they know.



ABOUT THE AUTHOR

Amy Ewing holds an MFA in Creative Writing from The New School and has called New York City home for nearly three decades. Her debut novel, *The Jewel*, launched the *New York Times* and internationally bestselling Lone City trilogy and established her as a writer of uncommon emotional range and world-building power. In addition to her bestselling YA Lone City and Cerulean series, she is the author of **THE IRISH GOODBYE** and is also a freelance editor. She's a passionate advocate for rescue dogs—particularly the older ones who need a champion. For more information, visit www.amyewingbooks.com.

THE PLUS-ONE LIST by Amy Ewing

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